



## BOTOX/DYSPOORT/ XEOMIN INFORMED CONSENT

I, \_\_\_\_\_, understand that I will be injected with Botulinum A Toxin (Botox), Dysport, and/or Xeomin in the glabella complex to paralyze these muscles temporarily or in the forehead or crow's feet around the lateral area of the eyes.

Botulinum A Toxin (Botox), Dysport, and/or Xeomin injection has been FDA approved for use in the cosmetic treatment for glabellar frown lines only – the wrinkles between the eyebrows.

Injection of Botulinum A Toxin (Botox), Dysport, and/or Xeomin into the small muscles between the brows causes those specific muscles to halt their function (be paralyzed), thereby improving the appearance of the wrinkles. I understand the goal is to decrease the wrinkles in the treated area. This paralysis is temporary, and re-injection is necessary within three to four months. It has been explained to me that other temporary and more permanent treatments are available.

I understand the possible risks and complications of Botulinum A Toxin (Botox), Dysport, and/or Xeomin injection include but are not limited to:

1. Swelling, rash, headache, local numbness, pain at the injection site, bruising, respiratory problems, and allergic reaction.
2. Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur.
3. Most people have lightly swollen pinkish bumps where the injections went in, for a couple of hours or even several days.
4. A small percent of patients get headaches following treatment with Botox, for the first day. In a very small percentage of patients these headaches can persist for several days or weeks.
5. Flu like symptoms with mild fever, back pain.
6. Respiratory problems such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin.
7. Bruising is possible anytime you pierce the skin with a needle. This bruising can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent.
8. While local weakness of the injected muscles is representative of the expected pharmacological action of Botulinum A Toxin (Botox), Dysport, and/or Xeomin, weakness of adjacent muscles may occur as a result of the spread of the toxin.
9. I understand more than one injection may be needed to achieve a satisfactory result.
10. Another risk when injecting Botulinum A Toxin (Botox), Dysport, and/or Xeomin around the eyes included corneal exposure because people may not be able to blink the eyelids as often as they should to protect the eye. This inability to protect the eye has been associated with damage to the eye as impaired vision, or double vision, which is usually temporary. This reduced blinking has been

associated with corneal ulcerations. There are medications that can help lift the eyelid, however, if the drooping is too great the eye drops are not that effective. These side effects can last for several weeks or longer. This occurs in 2-5 percent of patients.

11. I will follow all aftercare instructions as it is crucial I do so for healing.

As Botulinum A Toxin (Botox), Dysport, and/or Xeomin is not an exact science, there might be an uneven appearance of the face with some muscles more affected by the Botox than others. In most cases this uneven appearance can be corrected by injecting Botox in the same or nearby muscles. However, in some cases this uneven appearance can persist for several weeks or months.

This list is not meant to be inclusive of all possible risks associated with Botulinum A Toxin (Botox), Dysport, and/or Xeomin as there are both known and unknown side effects associated with any medication or procedure.

Botulinum A Toxin (Botox), Dysport, and/or Xeomin should not be administered to a pregnant or nursing woman.

Most patients are pleased with the results of hyaluronic acid use, however, like any cosmetic procedure, there is no guarantee that you will be completely satisfied. There is no guarantee that wrinkles will disappear completely, or that you will not require additional treatments to achieve the results you seek. While the effects of hyaluronic acid use can vary from months to years, the procedure is still temporary. Additional treatments will be required periodically, generally within 6 months to 1 year.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Botulinum A Toxin (Botox), Dysport, and/or Xeomin treatments with the above understood. I hereby release the doctor, the person injecting the Botulinum A Toxin (Botox), Dysport, and/or Xeomin and the facility from liability associated with this procedure.

**Patient Name** \_\_\_\_\_

**Patient Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_